



How did Tudor families buy their groceries and where did the products come from?

Key Stage: 2

Type: Classroom

Length 1 1/2 hours

Curriculum links: Citizenship, History

Key Themes: Tudors, Local History

Learning Objectives:

- Understand how documents have helped with our understanding of the 15th –17th centuries.
- Discover how shopping has changed over time. Find out what individual shops sold and that currency was in pounds, shillings and pence.
- Find out what items were available in England during the Tudor and post Tudor period, and where these items would have come from.

Time	Activity	Details	Resources	
5 mins	What is the Record Office and what is a document?	What is a document, and what can it tell us about the past.	ppt	class
10 mins	Shopping in the past compared to today	What Richard Calle talk about going shopping for the family. Talk through what each of the vendors sell. Talk about the differences in shopping in the past, i.e. items were not pre-packaged, local produce etc. Explain that the medieval experience of shopping hadn't changed much by the Tudor period- although they had access to extra products from abroad.	Video and ppt	class

30 mins	Going shopping	Ask the pupils to work in pairs going round the classroom to collect information from each of the vendors in a fictionalised version of a Tudor village.	worksheets	Pairs
25 mins	Spices	Look at what an inventory is. Explain this is one for a typical Tudor grocers store. Give the pupils 5 items from the inventory (such as cinnamon, nutmeg etc) and ask them to work out what they are.	Ppt, spice jars	Small groups
15 mins	Pomander	Look at Walter Raleigh's cure for the plague and make your own pomander	Tracing paper, rose petals, cloves etc.	Individual
5 mins	Plenary	What have we learnt today?		Class